



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAFE POOLS HAVE RULES

The Lifeguard has final authority and must be obeyed.

Supervision of Children: Children 7 years and under must be accompanied by an adult in the pool. A maximum ratio of 1 adult to 2 non-swimming children will be enforced. Children 8–12 years may swim without an adult after passing the swim test, however; an adult or sibling 16+ must remain on the pool deck at all times. Children 13–15 may swim without an adult present on the pool deck, but must have a guardian 16+ years of age in the facility.

1. Please shower before entering the pool.
2. No swimming unless lifeguard is on duty.
3. No phones allowed in the pool at any times.
4. Children not toilet trained must wear swim diapers. Regular diapers will not be allowed.
5. Persons with open cuts or cuts or evidence of disease will not be allowed in the pool.
6. Breath holding and prolonged submersion is not permitted for safety reasons.
7. Improper behavior is not permitted (including profanity, vulgar language, spitting, etc.)
8. Rough play or unsafe actions are not permitted. (No running on the pool deck)
9. When entering the water, you must enter feet first facing forward. No diving in the shallow end of pool, hanging on lane lines, or playing on ramp, ladders, or starting blocks.
10. No unnecessary or excessive conversations with the lifeguard.
11. Swimmers must pass a swim test to use the deep end of the pool. Non-swimmers must stay in the shallow end. A swim test will be administered to any child under 18 or to any person the lifeguard may be concerned about in regard to their swimming ability.
12. Floating aids must be used with parental supervision. Floating aids (water wings, lifejackets, etc.) are only allowed in the shallow end. No inflatables.
13. Designated YMCA equipment (kickboards, exercise barbells, water belts, etc.) are for lap swimmers and water aerobics ONLY.
14. Starting blocks are for instructional use only.
15. Food and drinks are allowed in designated areas outside of the pool deck.
(No glass allowed)
16. We are not responsible for items lost or stolen within the pool area. Please rent a locker if you wish for your belongings to be supervised.
17. Absolutely NO mermaid tails/suits allowed in the pool.

These rules are to ensure the safety of our patrons. Thank you for your cooperation!