

KARMA'S BASIC BARRE PROGRAM



By Karma Gaw

**Spring into March with
Balance, Strength,
Toning, and Agility**



**4 Week Program
March 2 – March 30**

**Tuesday & Thursday
12:15–12:45 PM**

**\$35 YMCA Member
\$50 Non Member**

**Howard Street Dance Studio
720 S Business Hwy 61
Bowling Green, MO 63334**

Reserve Your Spot TODAY!

**Sign-up at the Twin Pike Family YMCA or Email Karma Gaw
573-470-0328 karmagaw@gmail.com**