



Twin Pike Family YMCA

JOB POSTING

Position Title: Wellness Director

Reports To: Executive Director

Classification: Full Time

Salary Range: \$30,500 - \$34,000/year plus Personal Training Bonus Structure

The Twin Pike Family YMCA is seeking a full-time Wellness Director. Job Summary and Responsibilities are listed below:

Job Summary:

Under the direction of the Executive Director, the Wellness Director supervises and provides leadership to the Twin Pike Family YMCA Wellness department including group fitness, personal training, community outreach, and overall oversight of the fitness center. This position is responsible for establishing the YMCA as the leader and a pacesetter for health and wellness programs in the community. Their responsibilities would include new member wellness consultations, new member launch and journey, group exercise, personal training, and oversight of community-based wellness initiatives.

Under the direction of the Executive Director and consistent with the mission of the YMCA, the Wellness Director must have a commitment to the YMCA and its core values of: caring, honesty, respect, and responsibility.

General Responsibilities:

- Directs, implements and manages operating plans to promote program and/or membership growth for the YMCA.
- Recruits, hires, trains, develops, schedules and directs personnel as needed. Reviews and evaluates staff performance. Develops strategies to motivate staff and achieve goals.
- Ensures high quality member-focused programs through creative program development, evaluations and on-going training of staff.

- Coordinate a weekly schedule of group fitness classes and instructors. Be responsive to participants by implementing new and innovative classes.
- Establish systems for regularly scheduled fitness equipment inspections to ensure safe and proper working order at all times. Coordinate and schedule equipment maintenance and repairs.
- Executes strategies to ensure that members and/or program participants connect with one another and connect with the YMCA.
- Develops and maintains collaborative relationships with community organizations.
- Develops and monitors program budget to meet fiscal objectives.
- Support and assist with multiple health & wellness special events and activities at YMCA and off-site locations.
- Provides leadership and support to the YMCA fundraising activities and volunteer committees/boards assigned.
- Models relationship-building skills (including Listen First) in all interactions. Responds to all member and community inquiries and complaints in timely manner.
- Assists with Program Committee meetings upon request.
- Compiles program statistics. Monitors and evaluates the effectiveness of and participation in programs.
- Assures compliance with state and local regulations. Ensures that program standards are met and safety procedures followed.
- Conduct individual and group personal training sessions.
- Teach group fitness classes.

Skills, Education, and Experience:

- Current Personal Training Certification – NASM or ACSM Preferred
- Current Group Ex Certification –AFFA or Specialty Certification
- Current CPR/First Aid/AED Certification
- Must complete Blood Borne Pathogens and Employee Safety trainings

Physical Qualifications:

Speaking, hearing, seeing, reading, writing, typing, lifting, walking, standing

Working Conditions:

The Wellness Director will work in both an office setting with use of computer and other office equipment to perform job functions, as well as performing in Wellness Center and on program sites.

Please submit resume and applications to Kara Viorel, Executive Director by Friday, February 15th by mail to: Twin Pike Family YMCA, 614 Kelly Lane, Louisiana MO 63353 or by email to twinpikeymca@sbcglobal.net