

LES MILLS BODYPUMP 129



**Come Workout at
your local YMCA**

Anyone looking to become a member at the YMCA won't have to pay the Join Fee if they attend.

**Monday July 15
@5:00 pm**

**Thursday July 18
@ 5:30 am**



**Twin Pike
Family YMCA**

614 Kelly Lane Louisiana, MO 63353



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