



Twin Pike Family YMCA

PERSONAL TRAINING!

STARTING AT \$99

- ✓ 1 FREE CONSULTATION
 - ✓ 1 FREE SESSION
 - ✓ 1 HOUR SESSIONS
 - ✓ 1/2 HOUR SESSIONS
 - ✓ ONE-ON-ONE OR IN A GROUP
- (WITH MEMBERSHIP)

START TODAY

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