

## Coaches

Coach Joe MacLaughlin graduated with a BS in Agricultural Economics from the University of Nebraska. He swam competitively for 14 years, including United States swimming, summer club, high school swimming, and NCAA Div. 1 (Nebraska). He was a member of Colorado Western Zone swim team and a Junior National qualifier. His entire family was very involved in swimming. His parents were stroke judges, starters, and coaches. His brother and sisters were also competitive swimmers.

Coach Wendy MacLaughlin graduated with BA in Psychology from the University of Nebraska. She swam competitively for 12 years. This included United States Swimming, high school swimming and NCAA Div.1 for the University of Nebraska. She was a member of the Missouri Valley Central Zone team, Junior National qualifier and was a Missouri High School State Champion and apart of the State Champion swim team three years in a row. In 2004, she was drawn back to swimming and coached the Twin Pike Family YMCA Summer Swim Team. In 2008, she took a break from coaching to start a family and is now a proud parent of two swimmers Gracey and Jerry.



## 2017-2018 Corporate Team Sponsors

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### Twin Pike Family YMCA

614 Kelly Lane  
Louisiana, MO 63353

P: 573-754-4497  
F: 573-754-6330  
E: [twinpikeyaquatics@sbcglobal.net](mailto:twinpikeyaquatics@sbcglobal.net)  
W: [twinpikefamilyymca.org](http://twinpikefamilyymca.org)



## TPFY Winter Swim Team

Twin Pike Family YMCA

## Team Membership

When joining the Twin Pike Torpedoes Swim Team we will expect all members to represent the values of our organization CARING, HONESTY, RESPECT, and RESPONSIBILITY.

The Twin Pike Torpedoes Swim Team is a part of the Heartland Area Swim League that consists of 30 teams. Membership to the team is open to any swimmer between the ages of 5-21. Every swimmer must be a member in good standing of the Twin Pike Family YMCA. This is a league and national requirement. In order to participate at Regional Championships, swimmers must be registered by December 1st 2017 and are required to swim a minimum of one closed YMCA meet prior to competing in Regionals.

## Parent Organization

The main focus is always on the swimmer! The committee exists to provide support through fundraising and volunteer support at swim meets and various other functions that will help develop excellence. The goal is to ease communication among parents, swimmers, coaches, and facility. Positive parent/coach relationship is essential to a successful swimming Program. This committee shall be supported and maintained by the parents of the Swim Team.

## Registrations

All registrations can now be completed online or in house. Visit our website and click the Program tab at the top and then click on the (purple) Register for Program tab. You are then able to search for any program offered at our Y. The Y now also accepts debit or credit cards (Visa/MasterCard), if you are paying by check please make payable to the Twin Pike Family YMCA.

## Season Fees

The season will run from September-March. Monthly Fee: \$45.00 / Month All registrations & payments are due by the 1st of each month. If you are not paid by this date, your child may not participate until payment is received. If your child is swimming 1/2 of the month, they will still be required to pay full price, pro-rate fees will not be accepted.

See discounts families with more than one swimmer below.

### Two (2) Swimmers

10% discount - \$40.50

### Three (3) Swimmers

15% discount - \$38.25

### Four (4) or More Swimmers

20% discount - \$36.00

## Practice

Practice will be held every Monday, Tuesday, & Thursday unless notified by coaches. Practice Schedule will depend on enrollment of team members. We want all participants to get the most out of their experience. We encourage all swimmers to arrive at their scheduled practice time to begin team stretching. Practice levels will be determined by coaches. All swimmers must be able to complete 25 yard freestyle with an idea of rotary breathing and 25 backstroke without stopping.

### Level I (Beginner)

6:00-7:00pm

### Level II (Intermediate)

6:30-8:00pm

### Level III (Developed)

6:00-8:00pm

## Swimmers Age Category

A swimmers age for the entire season is defined as the age the swimmer will be on December 1st 2017. Ages are divided into the following competitive groups:  
6 & Under (NOT REGIONALS OR AREA MEETS)  
8 & Under  
9 & 10  
11 & 12  
13 & 14  
15-21