Dear Members,

We are so pleased that we have had so much support from you, our valued members, since we have reopened. Although we have been open since May 18th, you may not have made it back just yet. We want to take this opportunity to refresh everyone on our COVID protocols.

- Recommended hand washing station outside
- Temperature checks at the front door
- Highly recommended wearing of face masks in common areas while not working out or swimming (entering and exiting, engaging at the front desk and other common areas, etc.)
- Mandatory hand sanitizing/washing upon entering the facility
- Please maintain a safe 6 feet or more social distance
- Have your scan tag ready to scan in and again on your way out
- Use provided sanitizer to sanitize equipment before and after use in the Fitness Center
- Gymnasium, child watch and showers are closed at this time
- Arrive dressed and ready for your activities when possible
- No unaccompanied minors. Must be 16+ years old.
- No Nationwide Members (members from another Y), day passes or guest passes
- No towel service

We also want to inform you of our pool rules, as well. In order to maintain proper social distancing:

- Lap lane swim only, available through reservations in one hour increments from 5:30 am-12:30 pm and again from 5:30-7:45 pm weekdays. Saturdays 8 am-4:45 pm and Sundays 1 pm-4:45 pm.
- Swim Team practice is on weekdays from 12:30-5:30 pm
- Family Swim available on Saturdays and Sundays by reservation only. "Family" consists of members on the same household membership.
- Family swim is 3 lanes
- Please arrive ready for swimming when possible
- Lap lane and family swim-please prepare to leave the pool 5 minutes prior to the next individual's/family's swim reservation
- Limited availability water aerobics begin Monday, July 6. Call to make reservation to insure your spot. Walk-ins are welcome based on availability.
Group fitness classes have resumed. Please refer to our Facebook page and/or website for the most up-to-date schedules. Group fitness classes and water aerobics are available through reservations that can be made through the front desk 573-754-4497. Walk-ins for classes are welcome based on availability.

We are also excited to have a few youth programs starting soon! Call, stop by or visit our website to register your child for any of the following:

- Day Camp-July 13-August 17. Call or stop by to register your child.
- Fall Soccer for ages 4-12 - August 22-September 19. Registration deadline 7-31-20.
- Karate - ongoing classes beginning every month, first class begins on August 4. Open registration.

We also have a SWAG BAG CONTEST going on until July 15th. Two lucky members will each win one of our two swag bags. The YMCA duffel bag is full of Y merchandise, including a fleece Y blanket, a Y hand fan for those hot summer days, a coozie to keep your beverage cold, a Y logo cup/bottle and a Y chapstick! Here are the two ways to win:

1. Be the member with the most check-ins to the facility during the contest time period (June 15-July 15).

2. Better Together Referral. The member who refers the most new members during this time will not only win the swag bag, but will also receive 50% off their following month's membership. The new member referred will receive 50% off their join fee!

If you have any questions about anything mentioned in the email or otherwise, please call our front desk at 573-754-4497. We will be happy to assist you!

We will be closed on Saturday, July 4th in observance of Independence Day. We will reopen on Sunday, July 5 for regular hours. Have a happy and safe holiday!

Raini Raney

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